



## THE ELEVENTH SUNDAY AFTER PENTECOST

St. Mark's Episcopal Church, Raleigh, NC

August 8, 2021 – 10:00 a.m.

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### THE GATHERING

#### Voluntary

#### Opening Sentences

Out of the depths have I called to you, O LORD;  
LORD, hear my voice;  
let your ears consider well the voice of my supplication.  
If you, LORD, were to note what is done amiss,  
O LORD, who could stand?  
For there is forgiveness with you;  
therefore you shall be feared.

**I wait for the LORD; my soul waits for him;  
in his word is my hope.  
My soul waits for the LORD,  
more than watchmen for the morning,  
more than watchmen for the morning.**

O Israel, wait for the LORD,  
for with the LORD there is mercy;  
With him there is plenteous redemption,  
and he shall redeem Israel from all their sins. (Psalm 130)

Presider      Blessed be the one, holy and living God.  
People        **Glory to God forever and ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## The Gloria

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

## The Collect of the Day

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE WORD OF GOD

### 1 Kings 19:4-8

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Hear what the Spirit is saying to the Churches. **Thanks be to God.**

### Psalm 34:1-8 (Prayed responsively)

I will bless the LORD at all times;  
his praise shall ever be in my mouth.  
I will glory in the LORD;  
let the humble hear and rejoice.

Proclaim with me the greatness of the LORD;  
let us exalt his Name together.

**I sought the LORD, and he answered me  
and delivered me out of all my terror.**

Look upon him and be radiant,  
and let not your faces be ashamed.

**I called in my affliction and the LORD heard me  
and saved me from all my troubles.  
The angel of the LORD encompasses those who fear him,  
and he will deliver them.  
Taste and see that the LORD is good;  
happy are they who trust in him!**

#### **Ephesians 4:25-5:2**

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Hear what the Spirit is saying to the Churches. **Thanks be to God.**

#### **✦ The Holy Gospel John 6:35, 41-51**

Deacon        The holy Gospel of our Lord Jesus Christ, according to John.  
People        **Glory to you, Lord Christ.**

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they

died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

Deacon        The Gospel of the Lord.  
People        **Praise to you Lord Christ.**

**The Homily** A marked period of silence follows the Homily.

## **Musical Interlude**

### **The Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## The Prayers of the People

*Grateful for the gifts we have already been given, we now bring our hopes and needs into the presence of our provident God, saying: Lord, in your mercy, hear our prayer.*

We pray for our church. As Christians, may we all hunger for the bread of life that we may be transformed into the body of Christ. Lord, in your mercy, **hear our prayer.**

We pray for bishops, all the clergy, deacons, and all who minister in the church. May they break the bread of life and proclaim the living word for our world; may we all open our lives to receive the gifts they offer. Lord, in your mercy, **hear our prayer.**

We pray for our Jewish brothers and sisters. Like the Israelites in the desert, may they be nourished as they journey in faith through life; may we accompany them in a spirit of repentance and compassion. Lord, in your mercy, **hear our prayer.**

We pray for government leaders. May they work for social justice rather than power; may we support them in their efforts. Lord, in your mercy, **hear our prayer.**

We pray for those who are hungry in our world. May they have their needs satisfied; may we sacrifice some of what we have to feed the poor. Lord, in your mercy, **hear our prayer.**

We pray for all who suffer in mind or body especially: **Rudolph McEwan, David Myher, Elayne Karickoff, Barbara O'Neal, Betty Jo Jacobs, Lee Witcher, Audrey Witcher, Deanna Hill, Sophia Vaughan Morning, Marilyn Adams, Mary Mainwaring, Katie Critcher, Denise Davis, Carmen Reeve, Ramsey Zengbean, Terry Mumford, James Barber, Ginny Barber, Betty Johnson, Nancy Halbert, William Nail, and Celia Nail.** Lord, in your mercy, **hear our prayer.**

We pray for those celebrating birthdays this week: **Virginia Cleary (12<sup>th</sup>); Deb Smith (14<sup>th</sup>).** Lord, in your mercy, **hear our prayer.**

We give you thanks for Fr. Tyrone and his fourth year among us as rector of St. Mark's. Continually grant him grace and strength to guide your people in the way of the Gospel. Lord, in your mercy, **hear our prayer.**

We pray for our own needs. *[Here other intercessions may be offered.]* Lord, in your mercy, **hear our prayer.**

For the 4.2 million global citizens who have died from COVID-19 and for those areas where the virus initiates a new spike in cases. Lord, in your mercy, **hear our prayer.**

We pray for those who have died in the peace of Christ *[Silence is kept]* May they share in the heavenly banquet and may we long to be guests with them at God's holy table. Lord, in your mercy, **hear our prayer.**

Deacon We pray for confidence in God's forgiveness; that we may be filled with the power to amend our lives and repair the breach with those we've wronged. Let us confess our sins to God.

The People may kneel or bow.

**God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

The Presider announces the Absolution of Sin

## **The Exchange of Peace**

The peace of Christ be always with you. **And also with you.**

Here, the people may reverently bow or wave in acknowledgment of others; avoiding handshakes and hugs.

## **THE HOLY COMMUNION**

### **The Gathering of Tithes and Offerings**

### **The Great Thanksgiving**

Presider: All things come from you, O God.

People: **And of your own have we given you.**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

***Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.***

***Hosanna in the highest. Blessed is the one who comes in the name of the Lord.***

***Hosanna in the highest.***

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise.

Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me." After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me." And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**Dying, you destroyed our death. Rising, you restored our life. Christ Jesus, come in glory!**

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with [blessed \_ , and] all your people into the joy of our true eternal home. Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise. **Blessed are you now and for ever. Amen.**

### **The Lord's Prayer**

**Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

### **The Breaking of the Bread**

The Presider breaks the consecrated bread also known as 'The Fraction'.

Alleluia. Christ our Passover is sacrificed for us. **Therefore, let us keep the feast. Alleluia!**

Please remain masked during the distribution of Communion. You may wish to hold your communion bread/wafer until the end of distribution, so we may all commune together.

### **Prayer after Communion**

The people stand.

**God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

## THE SENDING

### The Blessing

### The Dismissal

Deacon Alleluia, Alleluia. Let us go forth into the world, rejoicing in the power of the Spirit.

People **Thanks be to God. Alleluia, Alleluia.**

### Voluntary

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The Rev. Tyrone Fowlkes, presider  
The Rev. Dr. Ruthann Savage-King, preacher



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